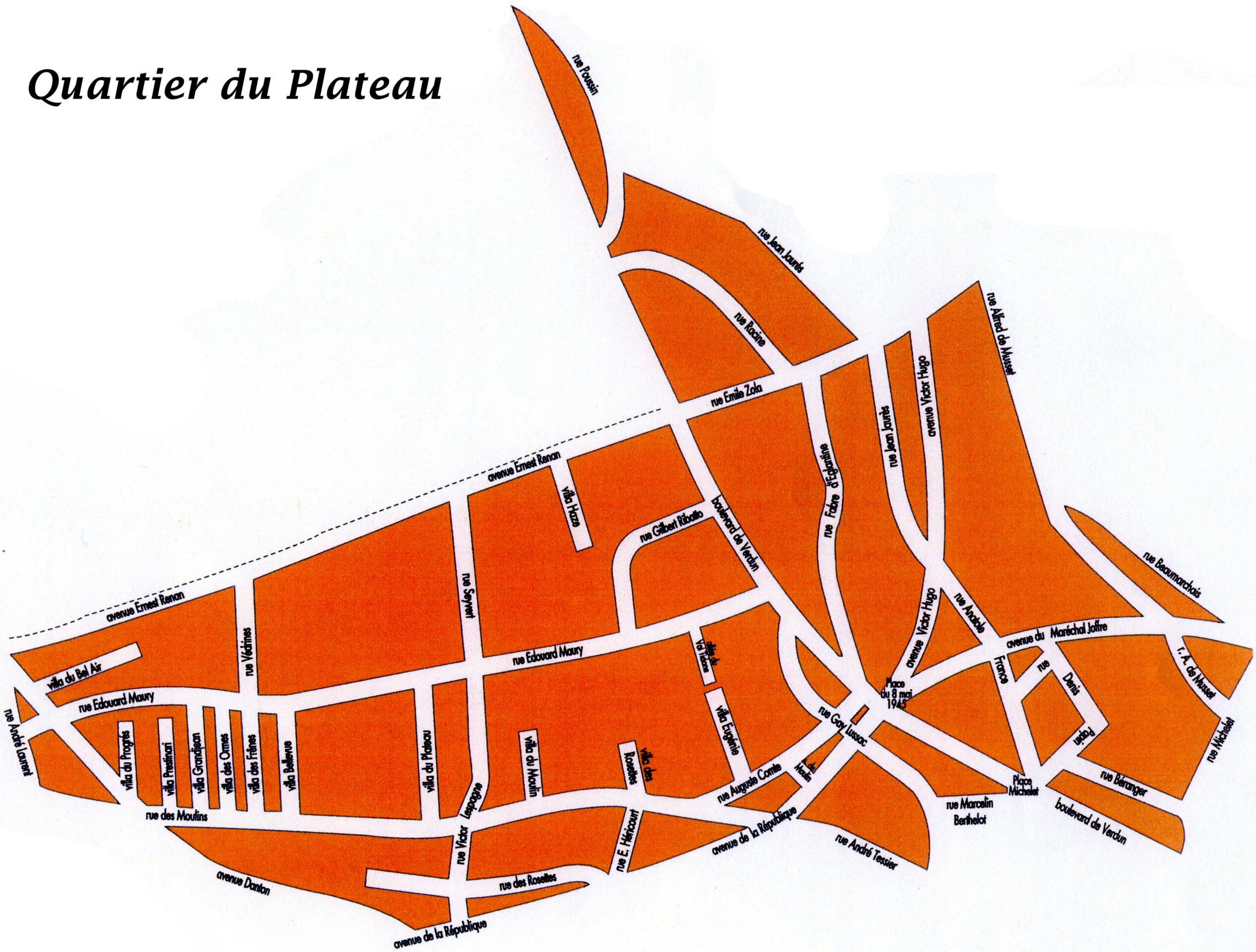Quartier du Plateau